

Resources for Diabetes in Children and Adolescents

This directory lists Government agencies, professional organizations, and voluntary associations that provide information and resources related to diabetes in children and adolescents. Some of these organizations offer educational materials and support to people with diabetes and the general public, while others primarily serve health care professionals.

Main Headings:

U.S. Government Programs

- Department of Health and Human Services (HHS)
 - National Institutes of Health
 - Centers for Disease Control and Prevention
 - Other HHS Agencies
- Other Federal Agencies
 - U.S. Department of Agriculture
 - U.S. Department of Education

Non-Governmental Organizations

- University Based Diabetes Centers
- Professional Organizations
- Other Organizations and Foundations

Resources for Diabetes Risk Factors

- Obesity
- Nutrition
- Physical Activity

Special Population Programs

- African Americans
- Hispanic/Latino Americans
- Asian Americans and Pacific Islanders
- American Indians
- Programs for Youth

State Listings

- States with Diabetes Prevention and Control Programs (DPCPs)
- U.S. Territories and Island Jurisdictions with DPCPs
- Other State Resources

UNITED STATES GOVERNMENT PROGRAMS

Department of Health and Human Services (HHS)

NATIONAL INSTITUTES OF HEALTH

- **National Institute of Diabetes and Digestive and Kidney Diseases**

Building 31, Room 9A06
31 Center Drive, MSC 2560
Bethesda, MD 20892-2560
Phone: (301) 496-3583
Email: inquiries@niddk.nih.gov
Internet: www.niddk.nih.gov

The National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) conducts and supports research and develops professional and consumer publications related to diabetes; endocrinology; metabolic disorders; digestive diseases; nutrition; and kidney, urologic, and hematologic diseases. NIDDK-sponsored health education programs include the National Diabetes Education Program (NDEP) and the Weight-control Information Network (WIN). The NIDDK houses the National Diabetes Information Clearinghouse, the distributor for NIDDK health education materials.

- **National Diabetes Education Program**

1 Diabetes Way
Bethesda, MD 20814-9692
Phone: 1-888-693-NDEP (6337)
Email: ndep@mail.nih.gov
Internet: www.YourDiabetesInfo.org

The National Diabetes Education Program (NDEP) is a federally sponsored initiative, involving public and private partners, to improve the treatment and outcomes for people with diabetes, to promote early diagnosis, and ultimately, to prevent the onset of diabetes. The goal of the program is to reduce the illness and death associated with diabetes and its complications. The NDEP is supported by several work groups that help direct and develop NDEP components focused on particular audiences, including African Americans, Hispanic/Latino Americans, American Indians, Alaska Natives, Asian Americans, and Pacific Islanders. The Diabetes in Children and Adolescents Work Group has developed materials about diabetes control and prevention among youth, ranging from tip sheets for kids and teens in English and Spanish to materials for health care providers. More information can be found at <http://ndep.nih.gov/diabetes/youth/youth.htm>.

- **Weight-control Information Network**

1 WIN Way
Bethesda, MD 20892

Phone: 1-877-946-4627
Fax: (202) 828-1028
Email: win@info.niddk.nih.gov
Internet: <http://win.niddk.nih.gov/>

The Weight-control Information Network (WIN), part of the National Institutes of Health's National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), was established to provide science-based information on obesity, weight control, and nutrition to both health care professionals and the public. WIN offers educational materials, including fact sheets and brochures about the benefits of healthy eating and regular physical activity to parents, kids and, teens in English and Spanish. WIN also produces a quarterly newsletter, *WIN Notes*, for health professionals with the latest information on research findings, programs, and resources, many of which are focused on children and adolescents. From the WIN homepage, users can access information about obesity and nutrition research.

- **National Diabetes Information Clearinghouse**

1 Information Way
Bethesda, MD 20892-3560
Toll-free: 1-800-860-8747
Fax: 703-738-4929
Email: ndic@info.niddk.nih.gov
Internet: <http://diabetes.niddk.nih.gov/about/index.htm>

The National Diabetes Information Clearinghouse (NDIC) works closely with NIDDK's Diabetes Research and Training Centers; the National Diabetes Education Program (NDEP); professional, patient, and voluntary associations; Government agencies; and State health departments to identify and respond to informational needs about diabetes and its management. NDIC provides publications, referrals to healthcare providers, responds to inquiries, and presents at national meetings.

- **Diabetes Research and Training Centers (DRTCs)**

NIDDK-funded DRTCs provide substantial support for research projects directed at prevention and control of diabetes and translation of research advances into clinical practice. Currently, six DRTCs are supported by the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK). The Prevention and Control Divisions offer continuing education seminars, workshops in state-of-the-art diabetes management for professionals, an array of tested evaluation and assessment instruments, and professional expertise in developing and implementing diabetes programs in a variety of settings. Not all DRTCs specifically address issues concerning children with diabetes. Information regarding children and diabetes is noted after each DRTC that does address these issues.

- **Indiana University DRTC**
 Diabetes Research and Training Center
 Indiana University School of Medicine
 The National Institute for Fitness and Sport
 Room 122, 250 North University Blvd.
 Indianapolis, IN 46202
 Phone: 317-278-0905
 Fax: (317) 278-0911
 Email: DMARREO@mdep.iupui.edu
 Internet: <http://diabetes.niddk.nih.gov/dm/pubs/drtc>
- **Michigan DRTC**
 Michigan Diabetes Research and Training Center
 1331 E. Am, Room 5111, Box 0580
 University of Michigan Medical School
 Ann Arbor, MI 48109-0580
 Phone: 734-763-5730
 Fax: 734-647-2307
 Email: mfunnell@umich.edu
 Internet: www.med.umich.edu/mdrtc
- **Vanderbilt University DRTC**
 Vanderbilt University Medical Center
 715 PRB, 2220 Pierce Avenue
 Nashville, TN 37232-6303
 Phone: 615-936-1649
 Fax: 615-936-1250
 Email: steve.davis@vanderbilt.edu
 Internet: www.mc.vanderbilt.edu/diabetes/drtc/

The Vanderbilt University DRTC (VDRTC) has supported translational research in four areas. These include: 1) health disparities in the African American community, 2) research on adherence and barriers to adherence 3) clinical intervention and outcomes research, and 4) research on teaching and problem-solving for health professionals. Beginning in the early 1990s, the VDRTC began to address the problem of type 2 diabetes in minorities. Research has ranged from studies of nutrition to community-based interventions. The VDRTC has evaluated two models of shared care including the “Cumberland Pediatric Diabetes Network,” which involved general pediatricians. Questionnaires are available to evaluate the reactions of adults and adolescents with diabetes in situations that challenge adherence to their meal plans and coping strategies.

- **Washington University DRTC**
Division of Health Behavior Research
Washington University
4444 Forest Park Avenue
St. Louis, MO 63108
Phone: 314-362-0558
Fax: 314-747-2692
Email: drtc@dom.wustl.edu
Internet: <http://drtc.im.wustl.edu/>

At Washington University's DRTC (WDRTC), a number of studies have examined enhanced clinical care, such as cognitive effects of intensive therapy in children with type 1 diabetes. For over 20 years, the Model Demonstration Unit has supported research on family factors among children and adolescents with type 1 diabetes. Several projects have responded to the disproportionate burden of diabetes among minorities. Initial studies of family factors in pediatric diabetes and other childhood diseases that were developed primarily with white and mostly middle-class families were extended to African American families with children with type 1 diabetes. Another current WDRTC project extends the emphasis on peer educators to prevention of diabetes among adolescents living in American Indian tribal communities. Independently funded research projects affiliated with the DRTC also address child and family factors in type 1 diabetes.

- **The Albert Einstein College of Medicine DRTC**
The Diabetes Research and Training Center
701 Belfer Building
Albert Einstein College of Medicine
1300 Morris Park Avenue
Bronx, NY 10461
Phone: 718-430-2908
Fax: 718-430-8557
Email: walker@aecom.yu.edu
Internet: <http://www.aecom.yu.edu/diabetes>
- **University of Chicago's DRTC**
Howard Hughes Medical Institute
University of Chicago
5841 South Maryland Avenue, MC 1028
Room N-216
Chicago, IL 60637
Phone: 773-702-1334
Fax: 773-702-4292
Email: dfsteine@midway.uchicago.edu
Internet: <http://drtc.bsd.chicago.edu/>

University of Chicago's DRTC has multiple programs focused on improving the quality of care and outcomes of vulnerable patients with diabetes, including children and adolescents. Faculty from the medical and social sciences collaborate to design and implement diabetes programs that can work in diverse settings. Current projects include *In Control*, a clinical patient education program for 9- to 12-year-old children with diabetes and their parents and *Choices*, a problem-solving curriculum to meet the special needs of adolescents with diabetes management problems.

- **National Eye Institute**

National Eye Health Education Program
National Institutes of Health
31 Center Drive MSC 2510
Bethesda, MD 20892-2510
Phone: (301) 496-5248
Email: 2020@nei.nih.gov
Internet: www.nei.nih.gov

- **National Heart, Lung, and Blood Institute Information Center**

P.O. Box 30105
Bethesda, MD 20824-0105
Phone: 301-592-8573
Fax: (301) 592-8563
Email: NHLBIinfo@nhlbi.nih.gov
Internet: www.nhlbi.nih.gov/health/infoctr

Publications, articles, and patient education materials from the National Heart, Lung, and Blood Institute (NHLBI) Information Center focus primarily on diseases of the heart, lungs, and blood, obesity, and the importance of physical activity. NHLBI's *We Can!--A Way to Enhance Children's Activity and Nutrition* is a national program designed for families and communities to help children maintain a healthy weight by focusing on improving food choices, increasing physical activity, and reducing screen time. The website also provides information for young adults on controlling blood pressure through the *Prevent and Control High Blood Pressure: Mission Possible* campaign.

- **National Institute of Child Health and Human Development**

NICHD Information Resource Center
P.O. Box 3006, Rockville, MD 20847
Toll-free: 1-800-370-2943
Fax: 1-866-760-5947
Email: NICHDInformationResourceCenter@mail.nih.gov
Internet: www.nichd.nih.gov

The National Institute of Child Health and Human Development (NICHD) conducts and supports laboratory, clinical, and epidemiologic research on the reproductive, neurobiological developmental, and behavioral processes that determine and maintain the health of children, adults, families, and populations. The NICHD Information Resource Center provides information on health issues within the NICHD research domain to the public and access to trained information specialists, health information, related resources, and publication ordering.

- **National Library of Medicine**

National Institutes of Health
8600 Rockville Pike
Bethesda, MD 20894
Phone: 1-888-346-3656
Fax: 301-402-1384
PubMed Search Engine: www.ncbi.nlm.nih.gov/pubmed
NLM Homepage: <http://www.nlm.nih.gov/>

With its PubMed website, the National Library of Medicine (NLM) provides free online access to MEDLINE, a database of journal articles, statistics, and reports on clinical and epidemiological studies about diabetes in children and adolescents and other medical information.

- **National Institute of Dental and Craniofacial Research Special Care Resources**

1 NOHIC Way Bethesda, MD 20892-3500
Phone: 301-402-7364
TTY: 301-656-7581
Fax: 301-480-4098
Email: nidcrinfo@mail.nih.gov
Internet: <http://www.nidcr.nih.gov/>

This NIDCR website serves as a resource for patients, health professionals, and the public who seek information on the oral health of special care patients, especially people with genetic or systemic disorders that compromise oral health. The website brings together information from many sources, including voluntary health organizations, educational institutions, Government agencies, and industry and provides a variety of services to help patients and professionals obtain information. Patient education materials (diabetes dental tips), literature searches, and an annual newsletter are accessible from this webpage. Featured children's resources include "Open Wide and Trek Inside" for kids aged 1-2 years and other youth related information.

CENTERS FOR DISEASE CONTROL AND PREVENTION

CDC Main Office
1600 Clifton Road
Atlanta, GA 30333
Phone: (800) 311-3435
Fax: (404) 639-3311
Internet: www.cdc.gov

For all CDC Divisions listed below, please call:
1-800- CDC-INFO (232-4636)
Or send an email to cdcinfo@cdc.gov

The Centers for Disease Control and Prevention (CDC) is one of the major operating components of the U.S. Department of Health and Human Services. CDC's National Center for Chronic Disease Prevention and Health Promotion, one of CDC's 11 centers, is comprised of eight divisions, three of which are concerned with diabetes and children:

- Division of Diabetes Translation (including some State Diabetes Prevention and Control Programs)
- Division of Nutrition, Physical Activity, and Obesity
- Division of Adolescent and School Health

Through these divisions, CDC distributes a variety of publications and resources, sponsors national and state-based programs, and responds to public inquiries for information concerning diabetes in children, nutrition, physical activity, and school health.

- **Division of Diabetes Translation (DDT)**

National Center for Chronic Disease Prevention and Health Promotion, CDC
4770 Buford Highway NE, Mailstop K-10
Atlanta, GA 30341-3717
Phone: 770-488-5000
Fax: 770-488-8211
Internet: www.cdc.gov/diabetes

CDC's Division of Diabetes Translation sponsors projects, coordinates conferences, develops resources, and publishes research articles related to diabetes. *The Eagle's Nest* section of the DDT website provides information specifically for children with diabetes and complements the Eagle Books series that give tips for kids on healthy eating, physical activity, and diabetes prevention and control. There is an associated Teacher's Guide for using this book series in the classroom or community.

- **State Diabetes Prevention and Control Programs**

www.cdc.gov/diabetes/states/index.htm

Information about state-based Diabetes Prevention and Control Programs (DPCPs) is available on this website and listed alphabetically by state name or on the interactive U.S. map provided. Information is available about programs in any state, U.S. territory, or island jurisdiction. For information about children and diabetes, contact specific state programs. (See state listing at the end of this resource list.)

- **Division of Adolescent and School Health**

<http://www.cdc.gov/HealthyYouth/about/index.htm>

CDC's Division of Adolescent and School Health (DASH)'s website includes sections dedicated to childhood overweight, physical activity in schools, and school nutrition. The website provides school health program guidelines, school health strategies, planning guides, program evaluation information and related resources and tools. The Youth Risk Behavior Surveillance System (YRBSS) survey and results are available through the DASH website and provide useful epidemiological information on health threats to children and adolescents in the U.S.

- **Division of Nutrition, Physical Activity, and Obesity**

www.cdc.gov/nccdphp/dnpa/

CDC's Division of Nutrition and Physical Activity (DNPAO) sponsors programs and develops resources for children and adolescents. Nutrition and physical activity projects include:

- Active Community Environments Initiative (ACEs) promotes walking, bicycling, and the development of accessible recreation facilities by encouraging environmental and policy interventions that will affect increased levels of physical activity and improved public health
- *BAM! Body and Mind* is an online destination for kids 9-13 years old that provides the information they need to make healthy lifestyle choices. The site uses kid-friendly lingo, games, quizzes, and other interactive features to address health topics.
- *KidsWalk-to-School* is a community-based program that aims to increase opportunities for daily physical activity by encouraging children to walk to and from school in groups accompanied by adults.

CDC's State-Based Nutrition and Physical Activity Program to Prevent Obesity and Other Chronic Diseases may also provide specific information for children and adolescents. Visit

http://www.cdc.gov/nccdphp/dnpa/obesity/state_programs/index.htm to find out more about the activities conducted by each specific state program.

- Youth Media Campaign

<http://www.cdc.gov/YouthCampaign/>

VERB™ *It's what you do.* was a national, multicultural, social marketing campaign coordinated by the U.S. Department of Health and Human Services' Centers for Disease Control and Prevention (CDC). Social marketing campaigns apply commercial marketing strategies to influence the voluntary behavior of target audiences to improve personal and social welfare. The campaign ran from 2002-2006 to increase and maintain physical activity among tweens (youth age 9-13). Materials are available online.

OTHER U.S. HEALTH AND HUMAN SERVICES AGENCIES

- **Indian Health Service**

Division of Diabetes Treatment and Prevention
5300 Homestead Road, NE
Albuquerque, NM 87110
Phone: 505-248-4182
Fax: 505-248-4188
Internet: www.ihs.gov/MedicalPrograms/Diabetes

The Indian Health Service (IHS) is the agency within the U.S. Department of Health and Human Services that is responsible for providing Federal health services to American Indians and Alaska Natives. The goal of the IHS Division of Diabetes Treatment and Prevention is to develop, document, and sustain a public health effort to prevent and control diabetes in these communities. The Division creates fact sheets, reports, and recommendations for diabetes prevention and control in children and adolescents, all available through the website.

- **Agency for Healthcare Research and Quality**

540 Gaither Road, Suite 2000
Rockville, MD 20850
Telephone: 301-427-1364
Internet: <http://www.ahrq.gov/browse/diabetes.htm>

The Agency for Healthcare Research and Quality (AHRQ) supports research on health care outcomes, quality, cost, use and access in order to help patients make more informed decisions and improve the quality of health care services. The diabetes section of the website provides standards of care information for health care professionals, information on translating science into practice, and relevant research findings, along with other resources.

- **Health Resources and Services Administration**

Maternal and Child Health Bureau
Parklawn Building Room 18-05
5600 Fishers Lane
Rockville, Maryland 20857
Phone: 301-443-2170
Fax: 301-443-1797

Internet: <http://mchb.hrsa.gov/>

HRSA's Maternal and Child Health Bureau houses a number of programs designed to promote and improve the health of mothers, infants, children, and adolescents, including low-income families, those with diverse racial and ethnic heritages, and those living in rural or isolated areas without access to care. *The Bright Futures for Infants, Children, and Adolescents* program, a collaborative effort with the American Academy of Pediatrics, is a health promotion program focused on new health challenges facing today's infants and children, including diabetes. *Bright Futures* materials include pocket guides, anticipatory guidance cards, an activity book for children and families, videos, and interdisciplinary model curricula.

- **Office on Women's Health**

Department of Health and Human Services

8270 Willow Oaks Corporate Drive

Fairfax, VA 22031

Phone: 1-800-994-9662 TDD: -888-220-5446

Body Works: A Toolkit for Healthy Teens and Strong Families

Program focuses on parents/caregivers of adolescents as role models and provides hands-on tools to make small, specific behavior changes to prevent obesity and help maintain a healthy weight. Changes include healthy eating and physical activity.

English and Spanish

<http://www.4woman.gov/bodyworks/>

- **President's Council on Physical Fitness and Sports**

Department of Health and Human Services

Department W, Room 738-H

200 Independence Avenue, SW

Washington, DC 20201-0004

Phone: (202) 690-9000

Fax: (202) 690-5211

Internet: www.fitness.gov

The President's Council is an advisory committee of volunteer citizens who advise the President through the Secretary of Health and Human Services about physical activity, fitness, and sports in America. Through its programs and partnerships with the public, private and non-profit sectors, the Council serves as a catalyst to promote health, physical activity, fitness, and enjoyment for people of all ages, backgrounds and abilities through participation in physical activity and sports. The Council website hosts the *President's Challenge* fitness program that allows participants to log hours of exercise, earn points, and work towards fitness goals. There are separate *Challenge* sites for kids and teens.

Other Federal Agencies

U.S. DEPARTMENT OF AGRICULTURE

- **Center for Nutrition Policy and Promotion**

U.S. Department of Agriculture
3101 Park Center Drive
Room 1034
Alexandria, VA 22302-1594
Phone: (703) 305-7600
Fax: (703) 305-3300
Email: infocnpp@cnpp.usda.gov
Internet: www.usda.gov/cnpp

The Center for Nutrition Policy and Promotion (CNPP) is the focal point within the U.S. Department of Agriculture where scientific research is linked with the nutritional needs of the American public. CNPP publishes a quarterly journal, available by subscription, and a variety of other dietary guidance materials for the general public and nutrition and health educators. The center also prepares periodic updates on the cost of family food plans and of raising children. The CNPP website includes a variety of resources on nutrition, including the Interactive Healthy Eating Index, the fifth edition of *Dietary Guidelines for Americans*, and the *Food Guide Pyramid for Young Children*, as well as links to other USDA websites.

- **Food and Nutrition Information Center**

U.S. Department of Agriculture
Agricultural Research Service
National Agricultural Library
10301 Baltimore Avenue, Room 105
Beltsville, MD 20705-2351
Phone: (301) 504-5414
Fax: (301) 504-6409
Email: fnic@ars.usda.gov
Internet: <http://fnic.nal.usda.gov/>

The Food and Nutrition Information Center (FNIC) provides resource lists, databases, and many other food and nutrition-related links that can be accessed from its website. Topics A through Z contains an alphabetical listing of all topics on the FNIC website, including general information about diabetes, children with type 1 diabetes, child nutrition and health, and weight control and obesity. Online resources include the Child Care Nutrition Resource System, the Healthy School Meals Resource System, and Food and Nutrition Resources for Teachers, which includes Kids' Sites—Activities for Children. The Children with Diabetes section is an online community for children, families, and adults with diabetes. In addition, FNIC lends videos, books, and curricula to teachers.

- **Food and Nutrition Service**
U.S. Department of Agriculture
3101 Park Center Drive, Room 926
Alexandria, VA 22302-1594
Phone: (703) 305-2026
Fax: (703) 305-1117
Internet: www.fns.usda.gov/fns

The U.S. Department of Agriculture’s Food and Nutrition Service (FNS) provides children and needy families with access to food and healthful diet and nutrition education. FNS operates the Nutrition Education and Training Program to support nutrition education in the food assistance programs for children—the National School Lunch Program, School Breakfast, Summer Food Service, and Child and Adult Care Food programs. Through its Team Nutrition Program, FNS provides schools with nutrition education materials for children and families; technical assistance materials for school food service directors, managers, and staff; and materials to build school and community support for healthy eating and physical activity. Information about nutrition assistance programs is provided on the FNS website.

- *Eat Smart. Play Hard. Healthy Lifestyle*
Provides information, resources, games, activities, and tools for healthy eating and physical activity for parents and caregivers of children.
www.fns.usda.gov/eatsmartplayhardhealthylifestyle/
- *Nutrition.gov* provides easy access to the best food and nutrition information from across the federal government. It serves as a gateway to reliable information on nutrition, healthy eating, physical activity, and food safety for consumers
www.nutrition.gov
- *MyPyramid.gov (Center for Nutrition Policy and Promotion)* is dedicated to advancing and promoting dietary guidance for all Americans, and conducting applied research and analyses in nutrition and consumer economics.
www.mypyramid.gov
- *Economic Research Service: Child Nutrition Programs* includes research on school nutrition programs and their effects on child health.
<http://www.ers.usda.gov/Briefing/ChildNutrition/>
- **Team Nutrition** to make healthy food choices and stay active
www.fns.usda.gov/eatsmartplayhardkids. Eat Smart. Play Hard.™ offers resources and tools to convey and reinforce healthy eating and lifestyle behaviors that are consistent with the *Dietary Guidelines for Americans* and the *MyPyramid* Food Guidance System. It provides practical suggestions to help motivate children and their caregivers to eat healthy and be active. Campaign messages and materials are fun for children and informative for caregivers.

U.S. DEPARTMENT OF EDUCATION

- **Educational Resources Information Center**

655 15th St. NW, Suite 500
Washington, DC 20005
Toll-free: 1-800-538-3742
Email: info@ericsp.org
Internet: <http://www.eric.ed.gov/>

The Educational Resources Information Center (ERIC) is a federally funded, nonprofit information network designed to provide ready access to education literature for teachers and parents. It is part of the National Library of Education and the U.S. Department of Education. It's Clearinghouse on Teaching and Teacher Education, one of 16 clearinghouses, contains educational materials for parents and teachers on improving children's fitness, self-esteem, and healthy growth. Free publications include Childhood Obesity and Comprehensive School Health Education. Online articles on health care, nutrition, and promoting physical activity among children are available from the ERIC Digest. The site also provides lesson plans for teachers to promote physical activity.

- **U.S. Department of Education (ED)**

400 Maryland Avenue, SW
Washington, DC 20202
Toll Free: 1-800-872-5327
TTY: 1-800-437-0833
Internet: www.ed.gov

ED's mission is to promote student achievement and preparation for global competitiveness by fostering educational excellence and ensuring equal access. ED's 4,200 employees and \$68.6 billion budget are dedicated to: Establishing policies on federal financial aid for education, and distributing as well as monitoring those funds; Collecting data on America's schools and disseminating research; Focusing national attention on key educational issues; and Prohibiting discrimination and ensuring equal access to education. The ED website has information for students, parents, teachers, and school administrators on a range of topics.

- **Office for Civil Rights (OCR)**

Phone: 1-800-421-3481
FAX: 202-245-6840
Email: OCR@ed.gov
www.ed.gov/ocr

- **Office of Special Education Programs (OSEP)**

Phone: (202) 245-7468
<http://www.ed.gov/about/offices/list/osers/osep/index.html?src=mr>

NON-GOVERNMENTAL ORGANIZATIONS

University Based Diabetes Centers

- **Joslin Diabetes Center**

One Joslin Place
Boston, MA 02215
Toll-free: 1-800-567-5461
Phone: (617) 732-2415
Email: diabetes@joslin.harvard.edu
Internet: www.joslin.harvard.edu

The Joslin Diabetes Center in Boston provides a full range of services for children and adults with diabetes, providing the medical care, training, and support they need to live with this disease. The center and its affiliates offer a number of programs to help youngsters with diabetes and their families better manage the disease. In addition to traditional medical appointments, Joslin Diabetes Center offers educational programs that include summer camps and weekend retreats as well as family-focused programs geared to three different age groups—preschoolers, school-age children, and adolescents. A new program at a center affiliate in Illinois offers counseling services for young children and adolescents with diabetes and serves as a resource for their families. Educational materials include books to help children adjust to life with diabetes as well as manuals for parents and professionals on caring for young children with diabetes.

- **Naomi Berrie Diabetes Center**

Columbia-Presbyterian Medical Center
Russ Berrie Medical Science Pavilion
1150 St. Nicholas Avenue (at 168th Street)
New York, NY 10032
Phone: (212) 851-5494
Fax: (212) 851-5459
E-mail: diabetes@columbia.edu
Internet: <http://nbdiabetes.org>

The Naomi Berrie Diabetes Center (NBDC) is the research, teaching, and clinical services unit of the Columbia-Presbyterian Medical Center at Columbia University. It offers state-of-the-art multidisciplinary and humanistic clinical care for both adults and children with diabetes, coordinated by an endocrinologist. Educational, nutritional, and psychosocial counseling focuses on helping the patient and family to cope effectively with diabetes management. Research programs at the center focus on the biologic basis of diabetes and the prevention of type 1 and type 2 diabetes. Children's programs include a pediatric insulin pump support group and a teen/children's diabetes class. There's also a Kid's Corner at the NBDC website.

- **USDA/ARS Children's Nutrition Research Center**

Baylor College of Medicine
1100 Bates Street
Houston, TX 77030
Phone: (713) 798-7002
Fax: (713) 798-7046
Email: cnrc@bcm.tmc.edu
Internet: www.bcm.tmc.edu/cnrc

The Children's Nutrition Research Center (CNRC) is a cooperative venture between the Baylor College of Medicine, Texas Children's Hospital, and the U.S. Department of Agriculture/Agricultural Research Service. CNRC researchers study nearly every aspect of children's nutrition, and data from the center's research are used to make dietary recommendations to improve the health of children. The center investigates the nutritional needs of pregnant and nursing women and children from conception through adolescence, establishes nutritional guidelines, and studies regulatory controls of children's body weight and body composition and childhood dietary habits that contribute to long-term health and prevention of diseases such as diabetes, based on changes in diet.

- **University of Massachusetts Medical School, Diabetes Division**

373 Plantation Street, Suite 218
Worcester, MA 01605
Phone: (508) 856-3800
Email: dom@umassmed.edu
Internet: www.umassmed.edu/diabetes/

The Diabetes Division of the University of Massachusetts Medical School teaches students, nurses, and physicians to provide the best possible care for patients with diabetes and to carry out research that will aid in preventing and curing this disease. Of particular interest on the website are two forms for parents of children with diabetes that may be printed out—one for the babysitter and one for the teacher. These forms are in an easy-to-follow format. They give parents guidelines to follow to inform caretakers that their child has diabetes, what that means, warning signs preceding insulin reactions, important phone numbers to call and what to do in an emergency, what snacks children should have and when, and other important information.

Professional Organizations

- **American Academy of Family Physicians**

11400 Tomahawk Creek Parkway
Leawood, KS 66211
Phone: 800-274-2237
Fax: 913-906-6075
Email: contactcenter@aafp.org

Internet: www.aafp.org

The American Academy of Family Physicians (AAFP) is the national member association of family doctors. Its publications include a clinical journal, a monthly news publication, and a publication on practice management and socioeconomic issues. In addition, clinical guidelines are available on the AAFP website. The AAFP sponsors a separate website, *familydoctor.org* with health information for patients, including an entire section dedicated to diabetes.

- **American Association of Diabetes Educators**

200 W. Madison Street, Suite 800

Chicago, IL 60606

Phone: (800) 338-3633

Email: aade@aadenet.org

Internet: www.diabeteseducator.org

The American Association of Diabetes Educators (AADE) is a multidisciplinary organization representing health professionals who provide diabetes education and care. The AADE website allows users to find local diabetes educators, along with resources for health care professionals from a variety of backgrounds. Visitors can stay up-to-date on diabetes-related policy through the legislative advocacy section of the website. AADE resources can help professionals manage diabetes in patients of all ages.

- **American Academy of Pediatrics**

141 Northwest Point Boulevard

Elk Grove Village, IL 60007-1098

Phone: (847) 434-4000

Fax: (847) 434-8000

Internet: www.aap.org

The American Academy of Pediatrics (AAP) is a professional membership organization that is committed to the attainment of optimal physical, mental, and social health and well-being for all infants, children, adolescents, and young adults. The AAP website has specific sections dedicated to diabetes and obesity and overweight in children and adolescents and provides clinical guidelines and research for practitioners.

- **American Academy of Nurse Practitioners**

P.O. Box 12846

Austin, TX 78711

Phone: 512-442-4262

Fax: (512) 442-6469

Email: admin@aanp.org

Internet: www.aanp.org

The American Academy of Nurse Practitioners (AANP) is a full-service professional organization that serves as a resource for nurse practitioners, their patients, and other health care consumers. The AANP publishes a highly acclaimed peer-reviewed practice and research-based monthly professional journal and an academy update that offers news of importance to health professionals. The AANP website provides links to a variety of resources to assist health practitioners and patients find information about children and adolescents with diabetes.

- **American Dietetic Association**

120 South Riverside Plaza, Suite 2000
Chicago, IL 60606-6995
Toll-free: 1-800-877-1600
Email: info@eatright.org
Internet: www.eatright.org

The American Dietetic Association (ADA) is a member organization for registered dietitians and registered technicians representing special interests including public health, sports nutrition, medical nutrition therapy, diet counseling for weight control, cholesterol reduction, and diabetes. The ADA website provides extensive nutrition information written for health care professionals and patients, including tip sheets with meal and snack suggestions for kids. ADA provides a list of recommended reading on the topic of diabetes. Additionally, ADA sponsors National Nutrition Month in March and provides downloadable materials for interested participants. For dietitians, the organization gives access to research and practice information and publishes a peer-reviewed journal.

- **American Pharmaceutical Association**

1100 15th Street NW, Suite 400
Washington, DC 20005
Phone: 202.628.4410
Fax: 202.783.2351
Email: infocenter@aphanet.org
Internet: www.pharmacist.com

The American Pharmaceutical Association (APhA) provides professional information and education for members of the pharmacy field, including students and professionals. The association offers professional education programs on diabetes control, weight management, and obesity and overweight. The APhA has created a number of useful fact sheets on diabetes for pharmacy professionals, available by searching for “diabetes” on the website.

- **American Podiatric Medical Association**

9312 Old Georgetown Road
Bethesda, MD 20814
Phone: 301-581-9200
Internet: www.apma.org

The American Podiatric Medical Association (APMA) is the national organization that represents podiatric physicians from across the United States. These specialists provide the majority of foot care services in the country. The group's goal is to increase awareness of the importance of foot health by providing educational information to the general public and other health professionals. APMA provides a downloadable document with tips to keep feet healthy for people with diabetes.

- **American School Health Association**

7263 State Route 43
P.O. Box 708
Kent, Ohio 44240
Phone: (330) 678-1601
Fax: (330) 678-4526
Email: asha@ashaweb.org
Internet: www.ashaweb.org

The mission of the American School Health Association (ASHA) is to protect and improve the well being of children and youth by supporting comprehensive school health programs. ASHA publishes the *Journal of School Health*, which includes topical packages on diet and nutrition, diseases of childhood and adolescence, and physical fitness. ASHA also developed a *Health in Action* kit on diabetes that includes lesson plans for the classroom, handouts, information for policymakers, and resources for students with diabetes. This kit is available for purchase on the ASHA website.

- **National Association of School Nurses**

8484 Georgia Avenue, Suite 420
Silver Spring, Maryland 20910
Toll-Free: 1-866-627-6767
Fax: 1-301-585-1791
Email: nasn@nasn.org
Internet: www.nasn.org

The National Association of School Nurses (NASN) is a nonprofit specialty nursing organization incorporated in 1979 that represents school nurses exclusively. Information about Helping Administer to the Needs of the Student with Diabetes in School (H.A.N.D.S.SM), a live continuing education program created by NASN, is available on the website. The NASN publishes the monthly *NASN Newsletter* as well as the *Journal of School Nursing*.

- **Pediatric Endocrinology Nursing Society**

7794 Grow Drive
Pensacola, FL 32514
Phone: (850) 484-5223
Fax: (850) 484-8762

Email: PENS@dancyamc.com

Internet: www.pens.org

The Pediatric Endocrinology Nursing Society (PENS) is a nonprofit professional nursing organization with the goal of advancing pediatric endocrine nursing. The society sponsors continuing education and research grants for its members. The website has several articles on diabetes-related topics, including use of insulin pump therapy by children and teens, development of a pediatric diabetes education program for home health nurses, and obesity in children. These articles can be accessed online at [www.pens.org/articles]. The society's Education Committee [www.pens.org/education] promotes patient/family education, teaching tools, and identification of resources. PENS provides a 40-page list of resources for the endocrine nurse, patient, and family that is updated every 2 years. A nursing resource manual includes information for the professional on specific endocrine diagnoses, including diabetes insipidus, hypoglycemia, and childhood obesity.

- **American Diabetes Association (ADA)**
1701 North Beauregard Street
Alexandria, VA 22311
Phone: 1-800-DIABETES (342-2383)
Internet: www.diabetes.org
Training curriculum for school personnel: www.diabetes.org/schooltraining
Wisdom Kit: <http://www.diabetes.org/for-parents-and-kids/wizdom-kit-disclaimer.jsp>
Planet D: <http://tracker.diabetes.org/index.php>

The ADA's mission is to prevent and cure diabetes and improve the lives of people with diabetes. Founded in 1940, the association conducts programs in all 50 states and the District of Columbia, reaching hundreds of communities across the country. The ADA is a nonprofit organization that provides diabetes research, information and advocacy. The association offers a variety of programs focused on young people with diabetes including:

- The resource "Planet D" which is a place where kids with diabetes can learn more about diabetes and connect with others who are also living with diabetes.
- The Wisdom Kit for families of a child newly diagnosed with type 1 diabetes which includes two booklets - one for the child and one for the parent outlining everything you need to know about juggling food, insulin, and exercise.

Other Organizations and Foundations

- **Children with Diabetes**
8216 Princeton-Glendale Road, PMB 200
West Chester, OH 45069-1675

Online Feedback Form at:

<http://www.childrenwithdiabetes.com/dteam/myquestion.htm>

Internet: www.childrenwithdiabetes.com

The mission of Children with Diabetes is to promote understanding of the care and treatment of diabetes, especially in children; to increase awareness of the need for unrestricted diabetes care for children at school and daycare; to support families living with diabetes; and to promote understanding of research into a cure.

Diabetes Education and Camping Association (DECA).

www.diabetescamps.org

DECA promotes communication, provides education, shares resources and serves as a worldwide voice to advance diabetes camping programs that meet the needs of individuals and families. The Diabetes Camp Directory provides a list of diabetes camps arranged by country (and by state for U.S. camps) and includes several listings for youth with type 2 diabetes. Contact information is provided where available.

- **Disability Rights Education and Defense Fund (DREDF)**

2212 Sixth Street

Berkeley, CA 94710

Phone: 510-644-2555

Fax: 510-841-8645

Email: info@dredf.org

Internet: www.dredf.org

DREDF is a national law and policy center dedicated to protecting and advancing the civil rights of people with disabilities through legislation, litigation, advocacy, technical assistance, and education and training of attorneys, advocates, persons with disabilities, and parents and children with disabilities. The website provides information on laws and policies relevant to children with disabilities in schools.

- **Juvenile Diabetes Research Foundation International (JDRF)**

120 Wall Street

New York, NY 10005

Phone: 1-800-533-CURE (533-2873)

Fax: (212) 785-9595

Email: info@jdrf.org

Internet: www.jdrf.org

JDRF is the leading charitable funder and advocate of type 1 diabetes research worldwide. The mission of JDRF is to find a cure for diabetes and its complications through the support of research. The JDRF website has information on recent research findings, along with extensive information on type 1 diabetes for families, doctors, researchers, and healthcare providers.

Diabetes in Schools: http://www.jdrf.org/index.cfm?page_id=103439

- **Lions Clubs International**
 Program Development Department
 300 West 22nd Street
 Oak Brook, IL 60523-8842
 Phone: (630) 571-5466
 Fax: (630) 571-1692
 Internet: www.lionsclubs.org

Lions Clubs International is a service organization that is committed to making a difference in the lives of people throughout the world. It is particularly recognized for its work to help blind and visually impaired people. There are more than 44,500 Lions Clubs in more than 205 countries and geographical areas, and many sponsor youth activities related to diabetes. Some clubs support recreational camps for children with diabetes. Traditionally, these camps have been geared toward children with type 1 diabetes; however, some are now including children with type 2 diabetes.

- **National Kidney Foundation**
 30 East 33rd Street, Suite 1100
 New York, NY 10016
 Toll-free: 1-800-622-9010
 Phone: (212) 889-2210
 Fax: (212) 689-9261
 Email: info@kidney.org
 Internet: www.kidney.org

The National Kidney Foundation (NKF) is a voluntary health organization that seeks to prevent kidney and urinary tract diseases, improve the health and well-being of individuals and families affected by these diseases, and increase the availability of all organs for transplantation. The foundation's website includes a fact sheet and press release about the findings from studies indicating an increase in diabetes among children and adolescents.

- **PADRE Foundation**
 455 South Main Street
 Orange, CA 92868
 Phone: (714) 532-8330
 Fax: (714) 532-8398
 Internet: www.padrefoundation.org

The Pediatric Adolescent Diabetes Research and Education (PADRE) Foundation was established to provide educational programs and clinical and scientific research of juvenile diabetes. PADRE also sponsors the Pediatric Education for Diabetes in Schools (P.E.D.S.) program, which is a curriculum for diabetes care in the schools.

- **Starlight Children's Foundation**

11835 West Olympic Boulevard, Suite 500
Los Angeles, CA 90064
Phone: (310) 479-1212
Fax: (310) 479-1235
Email: info@starlight.org
Internet: www.starlight.org

The Starlight Children's Foundation is a nonprofit organization dedicated to creating projects that help children and teens to address the psychosocial challenges that accompany chronic illnesses. A diabetes CD-ROM targeted to children and teens ages 5 to 18 is available (in English and Spanish) free of charge to children with diabetes and their parents.

RESOURCES FOR DIABETES RISK FACTORS

Obesity

- **American Obesity Association**
1250 24th Street, N.W, Suite 300
Washington, DC 20037
Phone: (202) 776-7711
Fax: (202) 776-7712
Internet: <http://obesity1.tempdomainname.com/>

The American Obesity Association (AOA) is a nonprofit organization dedicated to promoting education, research, and community action that can improve the quality of life for people with obesity. The association offers public and professional education about obesity and its role in causing illness and unnecessary deaths, provides assistance to professionals in caring for people with obesity, supports efforts to prevent obesity especially in children, conducts advocacy, and supports research. The association publishes newsletters, brochures, and a childhood obesity resource list. A two-page fact sheet on obesity in youth is available at [<http://obesity1.tempdomainname.com/subs/childhood/>]. The association's newsletter includes articles on children and obesity and related risk factors.

Nutrition

- **Food Research and Action Center**
1875 Connecticut Avenue, NW, Suite 540
Washington, DC 20009
Phone: (202) 986-2200
Fax: (202) 986-2525
Internet: www.frac.org

The Food Research and Action Center (FRAC) is a nonprofit national research and policy center working to improve public policies to eradicate hunger and malnutrition in the United States. The FRAC serves as a clearinghouse on Federal food programs. Although not specifically geared to children with diabetes, FRAC can supply information for low-income families who have children with diabetes about food resources available through Federal food programs. This information can help the family locate local services for the child's special nutritional needs.

- **International Food Information Council**

1100 Connecticut Avenue, NW, Suite 430
Washington DC 20036
Phone: (202) 296-6540
Fax: (202) 296-6547
Email: foodinfo@ific.org
Internet: www.ific.org

The International Food Information Council (IFIC) is a nonprofit organization whose purpose is to bridge the gap between science and communications by collecting and disseminating scientific-based information on food safety, nutrition, and health to health and nutrition professionals, educators, government officials, journalists, and consumers. The IFIC website provides articles for professionals on ways to reach minority audiences, physical activity for children and adolescents, insulin resistance, and nutrition for children and teens. Other articles geared to parents' concerns about children and obesity, teen eating patterns, weight management, ways to help overweight children, and a practical guide on nutrition.

Physical Activity

- **Action for Healthy Kids**

4711 West Golf Road, Suite 625
Skokie, IL 60076
Phone: 1-800-416-5136
Email: info@actionforhealthykids.org
Internet: <http://www.actionforhealthykids.org/>

This nonprofit organization was formed specifically to address the epidemic of overweight, undernourished and sedentary youth by focusing on changes at school. Action for Healthy Kids works in all 50 states and the District of Columbia to improve children's nutrition and increase physical activity, which will in turn improve their readiness to learn.

- **American Association for Physical Activity and Recreation**

1900 Association Drive
Reston, VA 20191

Toll-free: 1-800-213-7193
Phone: (703) 476-3400
Internet: <http://www.aahperd.org/aapar/>

AAPAR seeks to increase public awareness, understanding, and support for lifelong physical activity and recreation programs and to serve the profession by disseminating guidelines, standards of practice and offering continuing education in different specialized areas of practice.

- **American Alliance for Health, Physical Education, Recreation and Dance**

1900 Association Drive
Reston, VA 20191-1599
Toll-free: 1-800-213-7193
Phone: (703) 476-3400
Internet: www.aahperd.org

The American Alliance for Health, Physical Education, Recreation and Dance is the largest organization of professionals supporting and assisting those involved in physical education, leisure, fitness, dance, health promotion and education, and all specialties related to achieving a healthy lifestyle. The Alliance is comprised of five national associations, six district associations and a research consortium all designed to provide members with a comprehensive resources, support, and programs to improve their skills and so further the health and well-being of the American public.

- **American Council on Exercise (ACE)**

4851 Paramount Drive
San Diego, CA 92123
Phone: 1-888-825-3636
Fax: 858-279-8064
Email: support@acefitness.org
Internet: www.acefitness.org

The ACE is a nonprofit organization committed to enriching quality of life through safe and effective exercise and physical activity. As America's Authority on Fitness, ACE protects all segments of society against ineffective fitness products, programs and trends through its ongoing public education, outreach and research. The ACE website provides information on health and fitness, including a curriculum for schools to increase physical activity among students.

- **Diabetes Exercise and Sports Association (DESA)**

10216 Taylorsville Road, Suite 900
Louisville, KY 40299
Phone: 1-800-898-4322
Fax: 502-261-8346
Email: desa@diabetes-exercise.org
Internet: www.diabetes-exercise.org

Diabetes Exercise & Sports Association (DESA) exists to enhance the quality of life for people with diabetes through exercise and physical fitness. DESA's online multimedia library provides articles, webcasts, and other information on a wide range of diabetes-related topics. General membership is \$20, while a youth membership is \$10 and allows extended access to web resources.

- **National Association for Health and Fitness**
The Network of State and Governors' Councils
65 Niagara Square, Room 607
Buffalo, NY 14202
Phone: 716.583.0521
Fax: 716.851.4309
Internet: www.physicalfitness.org

The National Association for Health & Fitness (NAHF) is a nonprofit organization whose mission is to improve the quality of life for individuals in the United States through the promotion of physical fitness, sports, and healthy lifestyles. The association fosters and supports state governors' councils on physical fitness and sports in every state and U.S. territory. Currently, 29 states and one U.S. territory have active councils that promote physical fitness for persons of all ages and abilities. The NAHF website includes a link to the Surgeon General's Report on Physical Activity and Health.

- **Parks and Recreation Youth Programs** where you live. Type the name of your town or city followed by "parks and recreation youth programs" into an online search engine.
- **President's Council on Physical Fitness and Sports** www.fitness.gov
1-202-690-9000

This website provides information for all ages levels about ways to increase physical activity. *Kids in Action* is a booklet incorporates these elements into activities for children in three age groups: infants (birth to 18 months), toddlers (18 to 36 months), and preschoolers (3 to 5 years). It lists the 2008 Federal Government Physical Activity Guidelines for Americans that describe the types and amounts of physical activity that offer substantial health benefits to Americans.

- **The National Center on Physical Activity and Disability (NCPAD)**

1640 West Roosevelt Road
Chicago, IL 60608
Phone: 1-800-900-8086
Fax: 312-355-4058
Email: ncpad@uic.edu
Internet: www.ncpad.org

The NCPAD provides information about current research, local programs, adapted equipment, recreation and leisure facilities, and many other aspects of physical activity for persons with disabilities. The website includes information on exercises that are safe for people with diabetes.

- **Walkability Checklist** to find friendly places to walk in your community.
www.walkableamerica.org/checklist-walkability.pdf
- **YMCA of the USA**
101 North Wacker Drive
Chicago, IL 60606
Toll-free: 1-800-872-9622
Email: fulfillment@ymca.net
Internet: www.ymca.net

YMCA of the USA is the national resource office for the nation's YMCAs. Located in Chicago, with satellite offices across the country, the YMCA of the USA exists to serve YMCAs and meet the health and social services needs of men, women, and children. Most local YMCAs offer health and fitness programs, aquatics programs, and sports programs for children and adolescents. Youth health and fitness programs include preschool movement, youth fitness, teen fitness and kids' gyms. The aquatics programs include infant-parent classes, preschool classes, classes for people with disabilities, and classes for teens. To identify a local YMCA office, call 888-333-YMCA, or visit the website.

SPECIAL POPULATION PROGRAMS

- **International Society on Hypertension in Blacks**
157 Summit View Drive
McDonough, GA 30253
Phone: (404) 880-0343
Fax: (404) 880-0347
Email: inforequest@ishib.org
Internet: www.ishib.org

The International Society on Hypertension in Blacks (ISHIB) is a nonprofit medical membership society devoted to improving the health and life expectancy of ethnic populations. ISHIP conducts patient and community education programs that help young people reduce risk factors related to hypertension. *Ethnicity & Disease*, the official peer-reviewed journal of ISHIB, provides information on disease patterns in ethnic populations. Recent articles include "Body Image and Weight Concerns Among Southwestern American Indian Preadolescent Schoolchildren," "Obesity and

Other Risk Factors in Children,” and “Multiple Race Reporting for Children in a National Health Survey.”

- **National Alliance for Hispanic Health**

1501 16th Street, NW
Washington, DC 20036
Phone: (202) 387-5000
Fax: (202) 797-4353
Email: alliance@hispanichealth.org
Internet: www.hispanichealth.org

The National Alliance for Hispanic Health (formerly the National Coalition of Hispanic Health and Human Services Organizations—COSSMHO) provides online and print health information to the Hispanic community. The Alliance also conducts educational programs and research on Hispanic community needs. Online resources include a health news page and diabetes information.

- **National Council of La Raza**

Center for Health Promotion
Chronic Disease Program
1126 16th Street, N.W.
Washington, DC 20036
Phone: (202) 785-1670
Fax: (202) 776-1792
Email: comments@nclr.org
Internet: www.nclr.org

The National Council of La Raza (NCLR) is a private, nonprofit organization whose mission is to improve life opportunities for Hispanic Americans. It’s Center for Health Promotion targets chronic diseases such as diabetes through education and awareness programs and advocacy and by acting as a clearinghouse to provide culturally relevant bilingual material on diabetes-related health topics, including nutrition and physical activity. The council publishes a storybook in Spanish called “Día a Día con la Tía Betes” that helps explain to children how they can live day to day with diabetes. Also available on the website is updated information on new publications or programs. The website also provides a link to the website for the National Latino Diabetes Initiative, which can be read in English or Spanish.

- **National Hispanic Medical Association**

1411 K Street, NW, Suite 1100
Washington, DC 20005
Phone: (202) 628–5895
Fax: (202) 628–5898
Email: nhma@nhmamd.org
Internet: <http://www.nhmamd.org/>

The National Hispanic Medical Association (NHMA), organized in 1994, addresses the interests and concerns of 36,000 licensed physicians and 1,800 full-time Hispanic medical faculty dedicated to teaching medical and health services research. NHMA provides policymakers and health care providers with expert information and support in strengthening health service delivery to Hispanic communities across the nation.

- **Puerto Rican Association of Diabetes Educators**

1452 Ashford Avenue, Suite 310

San Juan, Puerto Rico 00907

Phone: (787) 723-4728

Fax: (787) 723-4728

Email: aperezcomas@pol.net

International Diabetes Federation Website: <http://www.idf.org/>

The Puerto Rican Association of Diabetes Educators is part of the International Diabetes Federation. The association supports the following organizations that have educational programs for children with diabetes:

- *Diabetes Pediatric Center*

260 Convento Street, Second floor

Santurce, PR 00912

Phone: (787) 633-6373 or (787) 727-1000, ext. 4187

Internet: <http://209.35.172.230/pavia/sjch/english/diabetes.asp>

The Diabetes Pediatric Center (Centro Pediatrico de Diabetes) is sponsored by the Pavia Health Diabetes Foundation for Children. The center offers free seminars and courses to children with diabetes and their relatives.

- *Asociacion Puertorriqueña de Diabetes*

1452 Avenida Manuel Fernandez Juncos

Santurce, PR 00909

Toll-free: 1-800-281-0617

Phone: (787) 729-2210

Fax: (787) 729-2118

Email: informacion@diabetespr.org

Internet: <http://www.diabetespr.org/>

The Puerto Rican Diabetes Association (Asociacion Puertorriqueña de Diabetes) offers seminars and diabetes camps for children.

- **Association of Asian Pacific Community Health Organizations (AAPCHO)**

300 Frank H. Ogawa Plaza

Suite 620

Oakland, CA 94612

Phone: (510) 272-9536

Fax: (510) 272-0817

Internet: www.aapcho.org

The Association of Asian Pacific Community Health Organizations (AAPCHO) is dedicated to improving the health status and access to health care of Asian Americans, Native Hawaiians, and Pacific Islanders within the United States and its territories. AAPCHO's Building Awareness Locally and Nationally Through Community Empowerment (BALANCE) Program for Diabetes seeks to increase the awareness of diabetes in Asian and Pacific Islander (API) communities, improve the treatment and outcomes for APIs living with diabetes, promote early diagnosis, and, ultimately, prevent the onset of diabetes.

- **Association of American Indian Physicians**

1225 Sovereign Row, Suite 103
Oklahoma City, OK 73108
Phone: (405) 946-7072
Fax: (405) 946-7651
Internet: www.aaip.com

The mission of the Association of American Indian Physicians (AAIP) is to pursue excellence in American Indian health care by promoting education in the medical disciplines, honoring traditional healing practices, and restoring the balance of mind, body, and spirit. The AAIP website contains information about diabetes, AAIP conferences, activities, programs, fact sheets, and links to related sites. The website contains a section for student activities.

- **Running Strong for American Indian Youth**

2550 Huntington Avenue
Suite 200
Alexandria, VA 22303
Phone: 703-317-9881
Fax: 703-317-9699
Email: info@indianyouth.org
Internet: www.indianyouth.org

The mission of Running Strong for American Indian Youth is to help American Indian people meet their immediate survival needs while implementing and supporting programs designed to create opportunities for self-sufficiency and self-esteem, particularly for tribal youth. The organization provides funding for programs on American Indian reservations that address the problem of diabetes in youth. Programs range from education and prevention to treatment of diabetes, including dialysis clinics.

STATE LISTINGS

States with Diabetes Prevention and Control Programs

Click on the state name for Contact Information and a program review of that state.

- [Alabama](#)
- [Alaska](#)
- [Arizona](#)
- [Arkansas](#)
- [California](#)
- [Colorado](#)
- [Connecticut](#)
- [Delaware](#)
- [District of Columbia](#)
- [Florida](#)
- [Georgia](#)
- [Hawaii](#)
- [Idaho](#)
- [Illinois](#)
- [Indiana](#)
- [Iowa](#)
- [Kansas](#)
- [Kentucky](#)
- [Louisiana](#)
- [Maine](#)
- [Maryland](#)
- [Massachusetts](#)
- [Michigan](#)
- [Minnesota](#)
- [Mississippi](#)
- [Missouri](#)
- [Montana](#)
- [Nebraska](#)
- [Nevada](#)
- [New Hampshire](#)
- [New Jersey](#)
- [New Mexico](#)
- [New York](#)
- [North Carolina](#)
- [North Dakota](#)
- [Ohio](#)
- [Oklahoma](#)
- [Oregon](#)
- [Pennsylvania](#)
- [Rhode Island](#)
- [South Carolina](#)
- [South Dakota](#)
- [Tennessee](#)
- [Texas](#)
- [Utah](#)
- [Vermont](#)
- [Virginia](#)
- [Washington](#)
- [West Virginia](#)
- [Wisconsin](#)
- [Wyoming](#)

U.S. Territories and Island Jurisdictions with DPCPs

- [American Samoa](#)
- [Federated States of Micronesia](#)
- [Guam](#)
- [Marshall Islands](#)
- [Northern Mariana Islands](#)
- [Palau](#)
- [Puerto Rico](#)
- [US Virgin Islands](#)

Other State Resources

Check online to find additional state resources available for families with diabetes.