Online Tool from the National Diabetes Education Program Helps Youth Transition from Pediatric to Adult Care

Transitions from Pediatric to Adult Care from the National Diabetes Education Program (NDEP) helps teens with diabetes make a smooth transition to adult health care. Families and health care professionals will also find these materials very helpful.

The online tool contains the following materials:

- **Transition Planning Checklist**: suggests a timeline, topics to review, and key action steps to support various aspects of the transition process

- **Patient Clinical Summary**: provides a summary of the teen’s health status to be completed by the pediatric health care team and provided to the adult health care team

- **Resource List**: offers hyperlinks to additional resources such as videos, message boards, social networks, workbooks, checklists, guides, and books and can be viewed by category

www.YourDiabetesInfo.org/Transitions

HHS’ National Diabetes Education Program (NDEP) is jointly sponsored by the NIH and CDC with the support of more than 200 partner organizations.